



International Federation of Podiatrists
Fédération Internationale des Podologues

Q4 | 2015

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FIP World Congress Special

Season's Greetings
from FIP-IFP



President's message



**Carine
Haemels**

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Dear members,

I would like to address a message of condolence and support to our French family member who went through severe loss the past month. Moreover the FIP-IFP sends out its sympathy to all those facing threat and attack in the world.

Our FIP-IFP family is united and together we are one.

The past months the FIP-IFP board has been very busy. The preparation of the World Congress 2016 in Montreal is moving to the good direction. Several meetings were organized with the convention organization and our partner from the CPMA. All the partners joined forces to make from this very promising World Congress the best FIP-IFP World Congress in its history. An update of the 2016 World Congress can be found further in this magazine.

The scientific committee is reading and scoring the abstracts and the deadline for sending in abstracts has been extended till December 31, 2015 to offer more applicants the opportunity to send something in. The subjects are very diverse to make sure to interest a large public. In the same spirit various workshop will be organized and there will be a poster area. We expect a very large representation of exhibitors.

Being in Montréal, Quebec and in accordance with the country regulation it is also possible for French speaking to send in and present their abstract in French (one of the official language of FIP-IFP) and translation will be provided.

The FIP-IFP and CPMA board are promoting the Congress in various way. FIP-IFP went to various events in Europe (France, Switzerland, Belgium, Netherland, UK, Austria,...) and overseas (Orlando, New York, Mexico, Montreal, Peru...) to spread the message. We encourage all our members to do the same through their organization.

The FIP-IFP board was also reinforced with a new executive director that is helping us to let a new fresh wind blowing in the Federation. During the Fall board meeting in Montreal half November, we were able to outline our priority and the to follow pathway. It was and will always be the goal of FIP-IFP board to be clear and transparent to its members and partners. Some resolutions were agreed and developed and the board intends to continue this flow. In the near future some changes will also become gradually more visible for all our members and also for our corporates.

We now slowly reach the end of 2015 and I would like to close this President's message with

H = have

O = only

P = positive

E = expectations.

Enjoy this edition of our Footsteps magazine.

Executive Director's Update

My first 90 days as an Executive Director of the FIP-IFP



Caroline Teugels

"Amazing things happen all the time. Let's foster them"

.....

Dear members,

What an incredible honor for me to be the Executive Director of our fantastic Association. It is with a lot of pride that I took office on September 1, 2015.

My primary goal in the first 3 months was to touch as many people as possible. Being located in the heart of Europe I took the opportunity to meet as many delegates that were passing through the Belgian capital or were just a small train ride away. Our Association is made out of incredible podiatrists and they are the heart of what we do. To listen to you and get the true picture of the organization is for me uttermost important.

Moreover I already had the opportunity to be present at some of your Annual Congresses. More than promoting the 2016 World Congress during those events, it gave me an insight of the great work you as member organizations achieve. The passion with which you do the job, the knowledge and expertise you possess and the strong will you have to do the best you can, form the base of my work within the Association.

I see some great opportunities to make our Association grow in the future. By strengthening our sense of community we can reinforce our mission statement to enhance Podiatry worldwide. Together, we can create a world where people want to belong. Podiatry in all its facets and parts can make a fantastic positive difference in the lives of the patients who need help. Nothing is more rewarding than a patient who proclaims you just created a miracle!

Leadership is often about redefining governance or turning around the finances but for me it is all about ideas. Yes there are some administrative defects that need to be fixed but more than the policy and procedures, we need to find ways to make it more audacious, to shout louder about what we do and give all members and partners more value.

It is my duty to create the environment where the FIP-IFP members and all the podiatrists around the world can express themselves and find ways to become better in what they do.

I'm looking forward to co-create the future of Podiatry with you.



Kathy Tsandalis, Conference planner and Caroline Teugels ED in Harrogate during the 2015 College Podiatry Annual Conference

FIP-IFP Board on the Road



V. Hetherington, *Chairman FIP-IFP Academy*
R. Chelin, *CEO World Congress*
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C. Jérôme, *Board member at Large*
J. Caporusso, *Past-President*
B. Sonnema, *Treasurer*

The FIP-IFP Board has been very active since the last AGM in Athens. Not only the President, but every single Board member has given its part in promoting Podiatry worldwide. Moreover, acting as liaisons or being active as a member/chairperson of a FIP-IFP Committee, the Board members give the best they can for our Association.

With the Fall Board Meeting happening in Montreal last November, the Board has agreed on a 21 points strategic plan to further develop in the next months.

The three goals identified and following objectives that will be implemented are:

Goal 1: Enhance internal efficiency and effectiveness

Goal 2: Enhance coordination, communication and information sharing

Goal 3: Build a strong and looking forward Association

The Board believes it is important for our Association to work with clear policy and procedures and be an effective association to create more value for our members and partners.

Continuous improvement, respect and transparency are the key values for the work within our Association. We are proud of our mission to enhance Podiatry Worldwide through Education, Advocacy and Strategic Alliances, and trust in the collaboration with all its members that represent Podiatrists globally to achieve this.



Board activities at a glance:

23-26 August 2015: The President, Vice-President and Treasurer participate at the APMA 2015 Annual Scientific Meeting (The National) in Orlando.

4 September 2015: Some board members present during the site visit in Cancun to promote the next World Congress

7 October 2015: the President participates at the International working group on the Diabetic Foot (IWGDF), together with Margreet Van Putten en Kristien Van Acker.

7 November 2015: President Carine Haemels gives an important speech on the 2016 World Congress during the Annual Congress of The Netherlands, Den Haag.

16-17 October 2015: President Carine Haemels speech at the 40èmes Entretiens de Podologie, Paris France, in company of FNP Président Serge Coimbra.

13 November 2015: President Carine Haemels talks at the General Assembly of the Association Podiatres du Québec



FIP MEMBER COUNTRY UPDATES

Australia - Australasian College of Podiatric Surgeons

The Australasian College of Podiatric Surgeons (ACPS) is committed to the advancement of knowledge in podiatric surgery and to upholding the highest standards in foot and ankle (surgical and related) care by podiatric surgeons in the community.

One of the principle objectives of the ACPS is preparation of specialists in the field of podiatric surgery by providing the leading role in the training, support and examination of podiatric surgeons. The ACPS worked hard in 2014 to prepare for accreditation of its education and training programme with the Australian and New Zealand Podiatry Accreditation Program. This accreditation was achieved in 2015. Concurrently, extensive ongoing effort has been focused on normalisation of podiatric surgery within the Australian health care setting, with formal application for Medicare funding for podiatric surgical services currently ongoing. One of the strengths of the ACPS's application has been the commitment of its members to undergoing surgical audit our specialty being one of the few surgical crafts that are involved with this.

The ACPS has continued its support and enhancement of clinical practice for general podiatrists through its 2015 Foot & Ankle Insight Seminars. Our 2015 seminar series, The Injured Foot and Ankle, incorporating hands on clinical workshops, was well received and attended by podiatrists from across the country. The ACPS looks to continuing its clinical seminar series in 2016. Further details can be obtained from our website (<http://acps.edu.au>).

The ACPS will continue to take a leading role in advocacy, research and education in podiatric surgery in the Australian health care setting into 2016.

informative video regarding feet and Diabetes, which we promoted through our social media page (although in Greek, you can watch here <https://www.youtube.com/watch?v=9JYJqTfUQW0>); posters and leaflets were distributed to most Municipalities and hospitals throughout Cyprus, which supported the campaign together with our sponsors. Moreover the Association was present through members participating at local events organized by the Cyprus Diabetic Association, such as Diabetic Foot Education kiosks at Malls and Diabetic Foot presentations in the context of Diabetes Education Events.

Flagship of the Campaign was the free Diabetic Foot Examination offered to the public by most of the members. As we did also last year the objectives are to categorize the foot at risk, educate people in self-care and promote the podiatry profession.

About 11% of the Cyprus population suffers of Diabetes. We had a very strong response from the public and we have managed to educate even more people this year regarding this very important issue.

Alexia Solomou
President of the Cyprus Association
of Registered Podiatrists

Denmark - Landsforeningen af statsaut. Fodterapeuter (LasF)

'Feet and podiatrists' is the title of a brand new book that the Danish Association has published in November. The target readers are health professionals who may have a professional interest in podiatry.

In the first section, the readers meet five different patients who have gained from podiatry. The second section describes the various roles that podiatrists play and the foot problems that can be treated with podiatry.

'Feet and podiatrists' has been distributed to all of the members and will be handed out to politicians, other organisations and political committees. Furthermore, the members can buy the book, if they would like to hand it out as a gift.

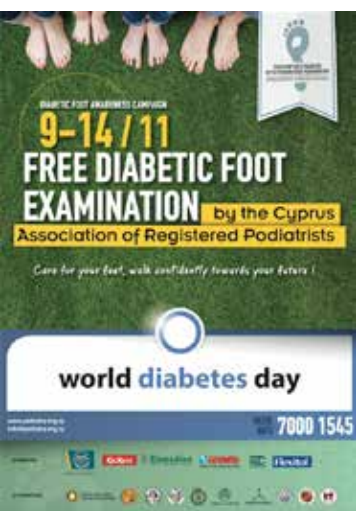


Cyprus - Cyprus Association of Registered Podiatrists

This year, The Cyprus Association of Registered Podiatrists launched a Diabetic Foot Awareness Campaign - Prevention and Education under the motto "Care for your feet, walk confidently towards your future".

During the week of 9 - 14 November, the Association held a number of events regarding the above Awareness Campaign, such as:

The Presence of the Association through members participating at local television and radio station; creating a short educational and



FIP MEMBER COUNTRY UPDATES



The Danish Association present at the annual conference for general practitioners and nurses in the medical practice.

Conferences and foot screenings

For the second time, the Association has been present at a large annual conference for general practitioners and nurses in the medical practices. The goal is to encourage them to send more diabetic patients to the private podiatrists and to inform them about podiatry and the subsidy scheme. Moreover, they gave the doctors and nurses free foot screenings.

On World Diabetes Day, the Association participated in Diabetes Update which is an annual conference for health professionals who work with diabetic patients, organized by the Danish Diabetes Association.

Chairman reelected

During the general meeting this fall, the chairman Tina Christensen was reelected for the next four years.

Merry Christmas and Happy New Year!

Germany - Verband-Deutscher-Podologen (VDP)

Podology on its way in Germany

Twelve Bachelor of Science are happy to have passed their exams on 22nd and 23rd of August 2015 in Berlin. The situation is still unfamiliar and new but will be common and familiar soon. More students are on their way of study.

To get into the study it is necessary to have passed the two years fulltime course of a "Berufsfachschule fuer Podologie" with 3.000 hours of theoretical and practical training at and outside school. It may also last three years of training in a part time course (depends on the management of the 3.000 hours of training) to be able to pass the final exam.

Three years of fulltime practice have to be followed. Afterwards it is possible to apply for the study. 180 Credit Points are given (Bologna Guideline) conform to the provided subjects.

During the 6th semester the students have to write two essays and a Bachelor Thesis, the latter has to be defended in front of an examination commission.

The first 12 graduates can be very proud of their effort and final success. The subjects of the works were spread from "Quality Management in a podological Practice" and "Differences in podological education in Europe and the world" over "Juvenile Hallux limitus" to "Musculus tibialis posterior and its Relevance in a podological Practice" and "Surplus Value for Podology through podological Study" - just to name a few. They show that german podology is on its way further to the medical and scientific field. Combined with the german speciality of the healing practitioner (Heilpraktiker) healing is allowed for the section of podology.

We are very happy to have this way of education. At first instance the intense time at one of the 46 schools and for colleagues who want more, there is the possibility of a Bachelor of Science study. With this we closed up to most of the other European countries education.



Still unfamiliar and new - the first 12 Bachelor of Science Podology in Germany during the Bachelor Degree dedication



Two happy new Bachelor of Science Podology (left: Christine Kuberka-Wiese, right: Magdalena Hafezi-Chojacka)

FIP MEMBER COUNTRY UPDATES

Switzerland - Schweizerischer Podologen-Verband SPV

The Schweizerischer Podologen-Verband held their Annual Congress on 7 November in Baden. It was an interesting and well-attended Congress with more than 340 participants. Enjoy the atmosphere with some pictures taken during the Congress.



Switzerland - Société Suisse des Podologues - SSP

The Société Suisse des Podologues launched a Diabetic Foot screening Campaign from 9-13 November 2015. It was part of a pilot project in the Canton of Vaud only, in collaboration with the Programme Cantona Diabète. The SSP hopes to launch a National Campaign next year.

In the Canton of Vaud more than 40 000 person suffer from Diabetes, and more than 1/3 never consulted a health professional.

The Podiatrists from the canton of Vaud have opened their offices to perform a free screening during one week. This medical screening was followed by an examination of the skin, nails, hyperkeratosis etc.

After the screening a brochure was made available explaining the risks and complication of the diabetic foot. More information available at: <http://podologues.ch/spip.php?article685>

On 31 October the Ecole supérieure de Podologues in collaboration with the Société suisse des podologues organised a Symposium on 20 years Higher Education on Podiatry. With posters, essays presentations of young graduates and a day filled with lectures, this symposium was a great success.

Ireland - Society of Chiropodists and Podiatrists in Ireland

Acknowledging World Diabetes day the National Clinical Programme for diabetes continues to make progress in Ireland . Mid November the 2nd National Conference for this clinical programme was held in Galway in the West of Ireland with significant collaborative input from Public Health (Health and Wellbeing), Endocrinology, Researchers, HSE Planning and Performance, Dietitians, General Practitioners, Podiatrists and Diabetes Nurses working in integrated care. The latter remains a challenge as current structures in the acute and primary care services are potential barriers.

There were some very good examples of new initiatives facilitating integrated care in particular ECHO (an initiative developed in New Mexico to develop the capacity to treat safely and effectively chronic and complex diseases in rural and underserved areas and to maintain outcomes).

The National Foot care model for Diabetes continues to be implemented with incremental progress in the Hospitals, although gaps remain in the primary care element of the integrated foot care pathway. It is heartening to see the first cohort of Podiatry graduates from NUI Galway make a significant contribution to this clinical programme for diabetes, with further opportunities for graduates now that we have some degree of economic upturn. Another exciting development is the Healthy Ireland Framework launched recently and being implemented. It is anticipated that all Health and Social Care Professionals, including Podiatrists will be trained in behaviour change techniques and note the development of cycle lanes throughout the country. There was an excellent presentation and ensuing discussion with Prof William Jeffcoate UK looking at outcomes and keeping the focus on measuring 'How good are we at managing foot disease in diabetes'. A Cycle of Care for those with Chronic Disease including diabetes has been agreed with General Practitioners recently and local podiatrists have been invited to participate in the in the nationwide roadshow commencing January 2016 .

An excellent and well attended 2 day multi -disciplinary conference programme was delivered in September by the Wound Management Association of Ireland (WMAOI) .

Best wishes to FIP-IFP colleagues

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Iceland - Félag Íslenskra Fóttaðgerðafræðinga FÍF

Our main professional action towards the community was in connection with WFHAM (World Foot Health Awareness Month) in May this year. The Association stationed around various communal swimming pools all over the country and handed out leaflets that provided information on young people foot care and chatted with guests through various age groups about the profession and the importance of foot care.

Over the last few years a school of podiatry has been operating in Iceland. The recruitment in the association FIF has mainly come from this school and at during the last AGM 7 new members joined. Due to some financial difficulties of the school, the future of the podiatric education in Iceland is still uncertain.

In October 2016 the FIF will celebrate 20 years jubileum.

We wish you, our colleagues in FIP-IFP, Merry Christmas and hope that the New Year will bring peace, happiness, good health and prosperity to you. We are looking forward to the World Congress in Montréal in May and send Good-Luck wishes to our Canadian colleagues.



Peru - Asociacion Civil "Cuidando Tus Pies" del Peru

Last august we signed "The Agreement of Podiatry Clinic" between the Director of the School of Paramedical Specialties Chile (EDEPACH) Pdgo. Alejandro Iribarren, and the representative of the School of Podiatry JEVIAL, PDGA. Jessica Palomino.

The framework agreement seeks to contribute to the development of knowledge, as both institutions will support the cooperation of activities and academic exchange. The agreement provides information on a reciprocal basis concerning curricula, educational materials and research results.

Podiatry workshops in lima

With success workshops were organized in several pathologies, such as Dermatomycoses, Onychomycosis, Ingrown toenail and the Use of Drill.

Podiatrist Jessica Palomino taught various techniques available for the assessment and treatment of these pathologies, the criteria for referral to a physician, protocols to effectively treat nail and skin, good use of equipment, clinical manifestations,... The feedback was positive and we hope to conduct similar activities in the future.



workshops in Lima

World diabetes day

Podiatrists, doctors and nurses joined forces to work together in various cities to raise awareness about diabetes care. JEVIAL School together with the Association "Taking care for your Feet" along with associations, groups of diabetic and Hospitals worked on education and prevention of this disease to a population that affects more than 10% of the population.

This event was organized by ADIPER (Diabetes Association of Peru). The Podiatrists and students had the opportunity to provide foot care to hundreds of

FIP MEMBER COUNTRY UPDATES

Peru - continued

patients present. Teaching manuals were delivered and we had the opportunity to demonstrate the importance of podiatry and its key role in controlling the risk of infection and amputation for people who suffer from this disease.



Peruvian podiatrist day
Every 26 of July, The Peruvian podiatrists celebrates "The podiatrist Day". The celebration has its origin in the day of Saint Ana and for that occasion we organized a meeting of camaraderie with colleagues and students. It was an excellent opportunity to meet and perform act of brotherhood between podiatrists and students, who are the future of podiatry and can help strengthening the profession.



Mexico - Federación Mexicana de Podólogos y Podiatras A.C

The Mexican Federation of Podiatrists and Podologues had a very busy year. In line with new technologies discover all their activities through Youtube: <https://www.youtube.com/watch?v=HUEmQ7WJLQU>.

France - Fédération Nationale des Podologues (FNP)

The Fédération Nationale des Podologues (FNP) celebrated the 40th edition of its annual Podiatry Congress which took place in Paris in the presence of Carine Haemels, FIP-IFP President. Over 2000 delegates attended this scientific event. On this occasion, the National Federation of Podiatrists presented its White Paper devoted to building the future of podiatry in France through 65 proposals including initial training, continuing education, skills, places of exercise, the organization of the profession ... which should lead to the recognition of the profession as a medical profession with defined skills. For more info: http://www.fnp-online.org/file_pdf/actualites/livreblancfnp.pdf

The FNP began negotiations with health insurance for integrating new acts of reimbursement including patients with rheumatoid arthritis, hand-foot syndrome and prevention of falls of elder people. The discussion also provides better integration of podiatrists in the French health system.

Greece - Hellenic Association of Podiatrists and Podologists



We wish to welcome all colleges domestic and internationally on behalf of the Hellenic Association of Podiatry and Podology to the first Hellenic congress that will take place September 24-25 2016, at the Royal Olympic Hotel in Athens.

Speeches, presentations and promotions on various topics from nail surgery, biomechanics, new instruments and new

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footwear appropriate for prescription to the patients and much much more.

There will be a following two day course with Dr. Cambell from England teaching dry needling techniques that will also include certificates.

All of the above will be classified as CPD for all members which certificates will be provided for.

For those interested in doing a presentation/ speech at the congress, and further information : Congress website: www.podiatic2016.gr

This can also be paired with a few days holiday in Athens seeing the old ruins of Acropolis, museums, a stroll in town and amazing Greek food with live music.

A successful conference is achieved with great company and support.

For further information and details about the first Hellenic Congress in 2016 please contact President Manos Arvanitakis at podology@otenet.gr or Vice-president Ekaterini Kalykakis via ekaterini.kalykakis@outlook.com.

UK - Society of Chiropodists and Podiatrists

Once again, the College of Podiatry annual conference was a great success. It was our best attended conference ever, with around 1,500 podiatrists and students, 75 exhibitors and 100 speakers attending from all over the UK and further afield.

With a great number of lectures, workshops and break out meetings, together with a fantastic trade exhibition,

there was something for everyone. The wide range of topics and specialities demonstrated the diverse nature of the podiatry profession, whatever the level of interest. There were sessions on diabetes, MSK, sports podiatry, footwear and orthotics, rheumatology, podiatric surgery, podopaediatrics, forensics, private practice issues and homeopathy. Practical workshops included a vascular assessment presentation and verrucae needling.

Keynote speakers included Dr Angela Evans, Clinician and Senior Lecturer, La Trobe University, Australia and Volunteer and Ambassador, Walk for Life, on 'the Bangladesh clubfoot project: two-year outcomes of Ponseti treatment in 400 children', Suzanne Rastrick, Chief Allied Health Professions Officer, NHS England, talking about Commissioning of services and the impact on podiatry, and Begonya Alcacer-Pitarch, NIHR Clinical Doctoral Research Fellow, University of Leeds on 'Exploring the factors contributing to the development and impact of foot problems in Systemic Sclerosis (SSc)'.

Conference also gives attendees the opportunity to meet up with old friends and colleagues, and network, as well as enjoying the social events on offer. This year these included a quiz, a special event for podiatry students, and a formal dinner with magicians and a band.

The biggest ever exhibition demonstrated the new innovations and latest products available in the podiatry market, as well as being a showcase for all the major podiatry supplies companies in the UK.

Already planning is underway for next year's conference, which will be held 17-19 November at the SECC, Glasgow.

MARK YOUR CALENDAR

2016

9 April 2016

The Society of Chiropodists and Podiatrists of Ireland Annual Conference, Rochestown Hotel, Cork

May 18 - 20

Malvern Diabetic Foot Conference
Malvern, UK
<http://www.malverndiabeticfoot.org/>

May 24

FIP delegate session
Montreal, Quebec
www.fip-ifp.org

May 25

ECP AGM
FIP AGM
Montreal, Quebec
www.fip-ifp.org

May 26-28

FIP World Congress of Podiatry
Montreal, Quebec
www.fipworldcongress.org

July 14-17

APMA Annual Scientific Conference
Philadelphia, Pennsylvania
www.apma.org

August 7-13

International Association for Identification
Cincinnati, Ohio
www.theiai.org

24-25 September 2016

First Hellenic Podiatry Congress, at the Royal Olympic Hotel in Athens.

14-15 Octobre 2016:

41èmes Entretiens de Podologie on the thème « petits appareillages : orthonyxie, orthoplastie, contentions nocturnes, orthèses plantaires » at Paris Event Center

17-19 November 2015

College of Podiatry annual conference at the SECC, Glasgow



SOCIAL MEDIA:

to be
or not to be
as a podiatrist?

*Author: Caroline Teugels,
Executive Director FIP-IFP*

This article was made possible with the kind support of Peggy . Tresky, M.A., Director of Communications of the American Podiatric Medical. For more information about social media, visit www.apma.org/social.

Unfamiliarity with social media in healthcare is high. The question is should you be involved in Social Media as a podiatrist. In this article we would like to give you the pros and cons of being present on the web, together with some tips and tricks.

Social media includes all online user platforms, where mutual contact and information is exchanged with each other. The advantage of social media is that it is available anytime, anyplace, anywhere to anyone. Different platforms are available for a variety of purposes, Twitter, LinkedIn, Facebook, Youtube or Instagram.

Today a lot of healthcare institutions have made the step to the web, and there can be found a number of precursors among doctors and nurses who take an active part in social media. Some say 'online profiling' is to make business, but think more about distinctiveness and the promotion of you as a care giver.

Peggy S. Tresky, M.A., Director of Communications APMA: "Clearly, it's time to pay attention to social media and how it could affect your podiatry practice. Social media offers some real benefits in disseminating information to potential and current patients. But if you're new to social media, it can seem a bit daunting. The APMA recommends the following steps for its members considering a foray into social media:

- Identify the audience you want to reach.
- Define your goals.
- Decide who will post content and respond to comments.
- Decide when and how often you will post content."

Should you decide to be present, then you should exploit the opportunities of social media in a professional manner. Make sure your privacy settings are set properly. Being careful with your "online image" is essential, especially in relation to your professional future. Know that the memory of the Internet is unlimited.

But what about addressing negative comments on social media?

Peggy S. Tresky: "There will always be patients who were unhappy with office wait times, staff encounters, or even results. On social media, one unhappy patient can have a serious impact. We recommend our members to never delete the comment unless it is offensive, but respond with empathy. It is important to reach out to the patient directly and take the conversation offline. And more important is to encourage particularly happy patients to post comments on your social media accounts as well."





PODIATRIST HELP TO HEAL THE DIABETIC FOOT.

Author: Matthew G. Garoufalis, DPM, FASPS, FACFAOM, CWS, FFPM RCPS (Glasg) Associate Chief, Podiatry Section, Surgery Service, Jesse Brown & Hines VA Medical Centers, Chicago, Illinois

Because of their unique and specialized training, Podiatrists can play a key role in the diagnosis and treatment of ailments that affect the feet of their diabetic patients. Dermatological and circulatory changes in the diabetic patient are often revealed first in the feet and lower extremities of our patients. The ability to see these changes and either make the appropriate referrals or to begin treatment, and increasing patient awareness, can mean the difference between an ulcer, amputation, or loss of life.

Approximately 10-15 % of the world population has diabetes, with a number of at least double that having pre-diabetes. About 25 percent of patients with diabetes develop foot ulcers each year and foot ulcers are the most common cause of hospitalization for the patient with diabetes.¹ Furthermore, 15 percent of diabetic foot ulcers result in amputation of the foot or leg.²

- Annual incidence 1% to 4% with lifetime risk of 15-25%⁴⁻⁷
- 15% of diabetic foot ulcers result in lower extremity amputation^{6,8}
- 85% of lower limb amputations in patients with diabetes are preceded by ulceration⁹⁻¹⁰
- Mortality rates following amputation of up to 40% at 1 year and 80% at 5 years¹¹
- Peripheral neuropathy is a major contributing factor in diabetic foot ulcers³⁻¹⁰

As an expert in biomechanics of the lower extremity, the podiatrist can address neuropathy in the diabetic patient and off-load the affected area properly. Often, this is of applied biomechanics can be the single largest protection that the diabetic patient has in avoiding or healing an ulceration.

Often when an ulcer is present, the wound needs to be debrided and any infection or excessive bioburden that the wound has, must be dealt with by using the appropriate antibiotics. Also because the circulation is affected in diabetes, many of these patients also need avascular work up to fully assess their blood flow status. Once the optimum circulation has been established, a surgical debridement, incision & drainage, or a reconstruction may need to be completed to offer the patient the best chance to heal. There are many, many different types of dressings that can be applied to the wound to help it heal faster. Collagens can be used to help the wound granulate followed by a skin graft, skin substitute graft, or the newest products, amniotic membranes. New technologies such as Negative Pressure Wound Therapy, Hyperbaric Oxygen, and local oxygen therapy are additional tools that can be used to speed recovery. The latest tool, fluoresce angiography, can be used locally to determine viable tissue and to gauge wound healing progress.

As technology grows, so does the expertise of the podiatrist in their ability to help our diabetic patients to keep walking.

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THE FIP WORLD
CONGRESS OF
PODIATRY

MONTREAL, CANADA
MAY 26-28, 2016



CALL FOR ABSTRACTS APPEL AUX CONFÉRENCES ET AUX POSTERS

Important Dates | Dates importantes

Deadline: **December 31, 2015**

Date limite: 31 décembre 2015

Notification of Acceptance

or Rejection: **January 15, 2016**

Date d'approbation

ou de refus : 15 Janvier 2016

We look forward to receiving
your oral or poster presentation
abstracts!

*Nous attendons vos
propositions de conférences
ou de posters.*

FIP World Congress 2016 Secretariat



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List of Topics | *Liste des thèmes*

- Biomechanics & Foot Orthotics / *La biomécanique et les orthèses*
- Dermatology / *La dermatologie*
- Forefoot Surgery / *La chirurgie de l'avant-pied*
- Gait Analysis / *L'analyse de la marche*
- General Podiatry / *Généralités en podologie*
- Geriatric Foot Problems / *La Podo gériatrie*
- Management of Nail Disease / *Le Traitement unguéal*
- Podiatric Medical Education / *L'éducation thérapeutique en podologie*
- Podiatric Medicine in my Country / *La podologie dans mon pays*
- Podiatric Radiology and other Imaging Techniques
La radiologie en podologie et les autres techniques d'imagerie
- Preventive Podiatric Medicine / *La Podologie préventive*
- Rearfoot Surgery / *La Chirurgie de l'arrière-pied*
- Shoe Modifications and Fitting / *L'adaptation et modifications de la chaussure*
- Sports Medicine / *La Podologie sportive*
- The Arthritic Foot / *Le pied arthéritique*
- The Childs Foot / *La podo pédiatrie*
- The Diabetic Foot Complications and Management
Les complications du pied diabétique et sa prise en charge
- Wound Care and Its Management / *Les plaies et leur prise en charge*

Abstracts received after **December 31, 2015 or incorrectly submitted will not be reviewed. Before submitting your abstract please read carefully the following instructions:**

Les propositions reçues après le 31 décembre 2015 ou incorrectes ne seront pas étudiées. Avant de soumettre le résumé de vos conférences ou vos posters, nous vous prions de bien vouloir lire attentivement les instructions suivantes.

- Abstracts should be submitted in English and authors should expect to present at the conference in English as well.
Les résumés peuvent être envoyés en Anglais et en Français et la présentation pourra se faire dans une de ces deux langues.
 - Abstract must not exceed 500 words.
Les résumés ne doivent pas dépasser 500 mots.
 - Oral abstract presentations are limited to 12-15 minutes
Les présentations orales seront limitées à 12-15 minutes.
 - All contributing authors must be listed
Tous les auteurs qui contribuent à la conférence ou aux posters doivent être nommés.
 - Note that once the abstract has been submitted, no changes are allowed.
Important : une fois que vous avez envoyé votre résumé, aucune modification ne pourra y être apportée.
 - Each abstract must be submitted to a topic.
Chaque proposition de conférences ou de poster doit se rapporter à un sujet bien précis.
 - More than one abstract may be submitted. Duplicate abstracts submitted to multiple topics will only be reviewed once.
Plusieurs propositions peuvent être soumises. Les propositions envoyées en double ne seront étudiées qu'une fois.
 - Only online abstract submissions will be accepted for review. Abstract submissions sent by email will not be reviewed.
Seuls les résumés soumis en ligne seront étudiés.
 - TITLE: Capitalize the entire title. Spell out words. Do not use abbreviations.
TITRE: Le titre doit être écrit en lettres majuscules. Evitez les abréviations.
 - TEXT: Begin the text on a new line. The text should be arranged to the following headings:
TEXTE: Commencer votre texte à la ligne. Le texte doit être conçu de la façon suivante :
 - Statement of Purpose or Aim • Design and Method • Results and Conclusions
- TEXTE: Commencer votre texte à la ligne. Le texte doit être conçu de la façon suivante :*
- *Thème* • *Conception et méthode* • *Résultats et conclusions*

THE FIP WORLD CONGRESS OF PODIATRY

MONTREAL, CANADA
MAY 26-28, 2016



FIP World Congress Program

With an expected 1,200 active participants, this will be the largest gathering of international foot and ankle practitioners/specialists. This meeting is the premier forum for professionals, industry and academia practicing in this field to interact.

Your involvement in this meeting is of significant value to the FIP. We view your support as a demonstration of your commitment to the field of podiatry. When you support the FIP, you directly support the continuing education of the podiatry field throughout the world. Here is a snapshot of what you can look forward to seeing as part of our exciting program.

The opening ceremony will be like no other the podiatry world has ever seen and will be most memorable. It will feature the opening flag ceremony and words of welcome from both the FIP and CPMA presidents and a very special cultural event.

The scientific program promises to be state of the art. Each day we will feature a keynote speaker to open up the program. Their presentations will be most interesting and inspiring to all the attendees.

Following each keynote delivery a plenary session speaker will open up one of the many subject matters that will be presented including Biomechanics, Diabetes and Wound Care, Surgery, Dermatology, Imaging Techniques in Podiatry, Podiatry and Lasers, Sports Medicine, Paediatrics, Rheumatology and Podiatric Medicine.

World class speakers will be featured throughout the program. Names like Dr Kevin Kirby, Dr Brad Bakotic, Dr Tracey Vlahovic, Dr Christof Schmitz, Dr Margreet Van Putten, Dr Michael Graham, Dr Reuven Lexier and many more.

Each and every day we will feature multiple hands on and interactive workshops. Advance sign up will be required.

Our exhibit hall will be the largest that the world congress has ever seen. It will provide excellent opportunities for networking for both attendees and exhibitors.

On the morning of third day of the congress a first ever, "Breakfast Symposium" will take place featuring Dr Aditya Gupta, an internationally renowned Canadian dermatologist and researcher who will present his findings on the "Latest Treatments in Managing Onychomycosis".

Lastly, our social programs will be top notch and will be sure to provide something for everyone but we are especially excited about the world congress dinner which take place at the magnificent Windsor Ballroom and will feature a surprise theme which will be revealed in the coming months.

Our host city, Montreal is an international destination of choice. Public transit is both affordable and is a great way to get around the city. The Metro, the underground subway is quick, safe and clean and will connect you to major tourism attractions. To finish your trip in style, take some time out to shop in Montreal's designer boutiques for gifts and souvenirs and be sure to sample of Montreal's gastronomical restaurants.

Optional tours and an engaging accompanying persons' program will include a wide range of tours, both within the city and surrounding areas to take you on a journey to discover Montreal's rich historical heritage as well as its vibrant, world class attractions.

So accessible. So efficient. So connected. So safe. Montréal is a first-class convention destination. It has all the right ingredients to ensure the success of any international gathering. Montreal and Canada are looking forward to welcoming the world of podiatry.

Keynote Speakers

Thursday, May 26, 2016



Dr. John Bell

New Frontier in Treating Cancer

Dr. John Bell received his PhD from McMaster University in 1982. The three years that followed, he trained as a post-doctoral fellow at the University of Ottawa and then at the Medical Research Council in London, England. Dr. Bell began his independent research career at McGill University in 1986 and moved to the University of Ottawa, Department of Medicine, in 1989. He is a member of the Center for Cancer Therapeutics at The Ottawa Hospital Cancer Center, a Senior Scientist with the Ottawa Hospital Research Institute and Professor of Medicine at the University of Ottawa. He heads the Canadian Oncolytic Virus Consortium, a Terry Fox funded group from across Canada that is developing virus based cancer therapeutics and is the Director of the Biotherapeutics Program for the Ontario Institute for Cancer Research. He is the Scientific Director of the recently awarded National Centre of Excellence for the development of Biotherapeutics for Cancer Therapy and is a fellow of the Royal Society of Canada.

Friday, May 27, 2016



Dr. Kristien van Acker

The challenge of filling the gap of diabetic foot care on the international level: Podiatrists are the GATE keepers!

Kristien Van Acker completed her internal medicine/ diabetology training in 1989 at the University of Antwerp. Where she founded in the same year the first multidisciplinary Diabetic Foot Clinic for Belgium. Dr Van Acker finished her PhD thesis at the same University in 2001, titled "The Diabetic Foot a Challenge for Policy Makers and Health Care Professionals". She is (co-) author of many peer reviewed articles, book chapters and books, of which the IDF WDD publication "Time to Act, Put feet first" in 2005 was widely raved throughout the world. She has been a member of many boards, notably as longstanding Vice-Chair of the IDF CS/IWGDF and the DFSG Europe. Today she is the Chair of the International Working Group and the chair of the Consultative Section of the Diabetic foot of International Diabetes Federation (IDF CS DF).

Saturday, May 28, 2016



Dr. Leonard Levy

Role of the Profession in Public Health

Leonard A. Levy, DPM, MPH, Associate Dean Research/ Innovation, Professor Family Medicine/ Public Health/ Biomedical Informatics, Nova Southeastern University College of Osteopathic Medicine, also directs its Institute for Disaster and Emergency Preparedness. A 2009 Fulbright Scholar assigned to the Faculty of Medicine, Comenius University, Bratislava, Slovakia, he now reviews Fulbright applicants. He also is a reviewer for Academic Medicine since 2013, a national journal on medical education. He is a member of the writing committee for the Colleges of Osteopathic Medicine Medical Licensing Examination. Since 2000 he acquired \$13 million dollars in grants mainly from the U.S. Public Health Service. He authored 109 articles in medical and podiatric medical journals, two texts, and one monograph.

He was dean of three podiatric medical schools, president of one, Associate Professor of Dermatology, Stanford University, Life Member, American Academy of Dermatology, Emeritus Member, American Public Health Association, and Life Member, American Podiatric Medical Association.

2016 World Congress Registration and Hotel 2016 Congrès Mondial inscription et informations concernant les hôtels

The registrations for the 2016 World Congress are open. Go to www.fipworldcongress.org and register today.
Les inscriptions pour le Congrès Mondial de 2016 sont dès à présent ouvertes. Dirigez-vous vers www.fipworldcongress.org et inscrivez-vous dès aujourd'hui.

Note: the early bird fee is applicable for all FIP-IFP members until January 28, 2016. Don't wait and register now! On the first step of registration you can check the box with the name of the member organization.

Important: une déduction est garantie pour toute inscription avant le 28 janvier 2016 pour les membres de la Fédération Internationale des Podologues. N'attendez pas et inscrivez-vous maintenant! A la première étape de l'inscription, vous pouvez cocher la case avec le nom de votre organisation membre.

The registration fee includes Le frais d'inscription comprend :

- admission to the Opening Ceremony / *admission à la Cérémonie d'Ouverture*
- unlimited access to all scientific sessions / *un accès illimité à toutes les sessions scientifiques*
- access to the exhibitions / *l'accès aux expositions*
- one congress bag / *un sac du congrès*
- coffee breaks / *les pauses café*
- working lunches / *les déjeuners de travail*
- certificate of attendance / *un certificat de participation*

We would like to inform you that CME/CPD is pending. Information will be available on the Congress website.

Nous voudrions vous informer que CME/CPD est en cours de confirmation. L'information sera disponible sur le site web du congrès.



www.fipworldcongress.org

Calèche, de la Commune Street | Credit : © Tourisme Montréal, Stéphan Poulin
Chinatown | Credit : © Tourisme Montréal, Stéphan Poulin

All fees are in Canadian dollars. / Tous les tarifs sont en dollars canadiens.

CATEGORY CATEGORIE	EARLY LEVE TOT Until Jan. 28, Jusqu'au 28 jan. 2016	REGULAR REGULIER Jan. 29 to May 20, 29 jan. au 20 mai 2016	ONSITE SUR PLACE May 21 to 28, 21-26 mai 2016	DAY RATE PAR JOUR
FIP Member Podiatrist <i>Membre podologue FIP-IFP</i>	\$ 475.00	\$ 575.00	\$ 675.00	none/non
Non FIP Member Podiatrist & Chiropodist <i>Non Membre podologue FIP-IFP</i>	\$ 595.00	\$ 695.00	\$ 795.00	none/non
Student/Resident * <i>Etudiant/Résident *</i>	\$ 150.00	\$ 150.00	\$ 195.00	none/non
Other Healthcare Professionals MD/Nurse/Pedorthist/etc. <i>Autre professionnelles de santé (Médecin, infirmie(è)r(e), etc.</i>	\$ 595.00	\$ 695.00	\$ 795.00	\$295/day/jr

* Certificate required / Certificat requis

Hotel Accommodation

Le logement à Montréal durant le Congrès Mondial

Preferential rates have been negotiated for the participants of the FIP World Congress of Podiatry. There is a variety of room rates to fit all budgets. All the hotels are located in downtown Montreal and are within a 10 minute walk from the convention centre - Palais des congrès, and the headquarter hotel is linked directly via the [Underground Pedestrian Network](#), Hyatt Regency Montreal (FIP World Congress 2016 Headquarter Hotel).

You can reserve your hotel accommodations at the same time as you **register** for the congress. On the registration website we included a list of hotels. You are welcome to choose accommodations not included in the list; the choices represent only the hotels that have negotiated special rates with the organizing committee of the FIP World Congress.

Des tarifs préférentiels ont été négociés pour les participants du Congrès Mondial. Il y a une variété de prix des chambres pour répondre à tous les budgets. Tous les hôtels sont situés au centre-ville de Montréal et se trouvent à 10 minutes à pied du Palais des congrès. L'hôtel principal du congrès: Hyatt Regency Montréal, est liée directement via le [réseau piétonnier souterrain](#).

*Vous pouvez **réserver** vos chambres d'hôtel en même temps que vous vous inscrivez pour le Congrès. Sur le site d'inscription, nous avons inclus la liste d'hôtels. Vous êtes bien sûr libre à choisir un hébergement non inclus dans la liste; les choix ne représentent que les hôtels qui ont négocié des tarifs spéciaux avec le comité organisateur du Congrès mondial de la FIP-IFP.*



Montréal Convention Centre (Palais des congrès de Montréal) | Credit : © Montréal Convention Centre (Palais des congrès de Montréal)

The FIP-IFP Board welcomes José Garcia Mostazo as the new Secretary-General



José Garcia Mostazo will replace José Claverol who was appointed as the FIP-IFP Secretary-General at the 2015 AGM in Athens. Due to personal and professional changes, José had to resign from his function. The function of Secretary-General is an important function and the Board decides to appoint José Garcia Mostazo from Spain to fulfil the vacancy. The replacement will become final at the time of the 2016 General Meeting in Montreal.

Who's José Garcia Mostazo? Name: Jose Garcia Mostazo

Studies: University where he attended school and graduated: Universidad Complutense Madrid in 1994

Years of practice in podiatry: 21 years

Type of occupation: own clinic, former University professor (UEX), Associate professor at the 'Centro de Cirugía Mínima Invasión Jesús Usón'.

Master, postgraduate studies - Master in Surgery, degree in anthropology and a diploma in nursing, diploma of advanced studies, multiple conference

presentations and scientific publications, research project collaborator.

"la Podologia tiene aún grandes retos por alcanzar - Podiatry still has major challenges to achieve"



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